



# THIS WEEK'S MENU

WEEK COMMENCING  
20 JANUARY 2020



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	SAVOURY LAMB MINCE	PORK MEATBALLS IN ARRABIATA SAUCE	ROAST BEEF WITH YORKSHIRE PUDDING	SPANISH CHICKEN	BATTERED COD WITH LEMON SLICES
VEGETARIAN	BUTTON MUSHROOM & VEGETABLE CHASSEUR	VEGETABLE & LENTIL MEATBALLS	QUORN FILLETS	SPANISH LENTIL & VEGETABLE BAKE	QUORN SAUSAGES
POTATOES/RICE/PASTA	HERB POTATOES	SPAGHETTI	ROAST POTATOES	RICE	CHUNKY CHIPS
VEGETABLES	MIXED VEGETABLES	BROCCOLI	MEDLEY OF SEASONAL VEGETABLES	PEAS	BAKED BEANS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	CHOCOLATE CHIP COOKIE	FRUIT JELLY	FRUIT & YOGHURT	SPARKLE SPONGE MUFFINS	BLUEBERRY COOKIES